Suicide Prevention Hotlines:

National Suicide Prevention Hotline: 1-800-TALK

1-800-8255

Albany County Department of Mental Health:

1-518-447-4555

American Foundation for Suicide Prevention:

1-518-791-1544

Offers Survivor to Survivor Peer Mentorship & Post-Suicide in home Family Support
Website: www.afan.org/capitalregionay

Capital District Psychiatric Center:

1-518-549-6500

CDPC offers 24 hour Emergency Mental Health Assessment

Child and Adolescent Mobile Crisis Team:

1-518-447-4550

Or 1-518-549-6500

The Crisis Team responds to calls in Albany, Rensselaer, and Schenectady Counties

Crisis Chat: www.crisischat.org

An on-line National Suicide Prevention Support and Crisis Intervention Team

Veterans Hotlines:

Veterans Crisis Hotline: 1-800-273-8255 Press 1
Veterans Homeless Hotline: 1-877-424-3838



OUR BACKYARD

FAMILY CRISIS NUMBERS

A Community Coalition for A Drug Free Schodack

Follow us on

Twitter: @InOur_Backyard

Family Crisis Numbers

Adult Protective Foundation: 1-844-697-3505 http://ocfs.ny.gov/main/psa

Child Abuse Hotline: If you believe there is a child In Immediate Danger, please call 911

Statewide Hotline: 1-800-342-3720

Deaf or hard of hearing: call TDD/TYY at 1-800-638-5163

<u>Drug/Substance Abuse and Addiction Intervention:</u>
<u>Hudson Mohawk Recovery Centers</u>

Outpatient Services:

Troy Office: 1-518-272-3918
Website: www.hmrecovery.net
1724 Fifth Avenue
Troy, NY 12180

East Greenbush Office 1-518-477-7535 743 Columbia Turnpike East Greenbush, NY 12061

Residential Services: Troy, NY 1-518-237-9409 559-565 Sixth Avenue Troy, NY 12182

> Conifer Park 1-800-989-6446 79 Glenridge Road Glenville, NY 12302

Website: www.conifernark.com

Substance Abuse and Addiction State Hotline:

1-877-8HOPENY 1-877-846-7369 Or text: HOPENY

The NY State Hopeline offers HOPE 24/7 with counselors standing by to talk about Mental health, Substance and Alcohol addictions and abuse

Help for Addiction Websites:

www.oasas.nv.gov/accesshelp/index.cfm www.oasas.nv.gov/CombatAddiction/index.cfm https://findaddictiontreatment.nv.gov https://talk2prevent.nv.gov

Sign up to receive letters and tips on how to talk to your kids about alcohol and substance abuse

Alcohol and Gambling Hotline: 1-877-846-7369

- *Masters Level Clinicians who are professionals, well-trained, and knowledgeable
- *Crisis and motivational interviewing for callers in need
- *Referrals to more than 1,500 local prevention and treatment providers
- *48 hour callback to those who wish to be contacted
- *Multi-lingual
- *Informational materials

Help Ouitting Cigarette Smoking:

1-877-44U-QUIT 1-877-448-7848

National Cancer Institute's trained counselors give Information and support for quitting in English and Spanish. Call Mon to Fri 8am to 8pm. Eastern time